



He's the voice on the beat
An evening host and music director keeps his dream job at local radio station 91.5 The Beat

Page 10

Spoke

Coastalogs hosts ECE conference
More than 500 people participated in the largest conference in Southern Ontario

Page 10

Orphaned kittens find new home
Mama woman nurses her furry friends back to health for families to adopt

Page 10

Monday, March 23, 2004

Coastalogs College, Richview

36th Year — Feb. 19

CSI in talks with a possible new drug provider

By ROBERT FREWITT

Mid-career pharmacists are one of two reasons why Coastalogs College may be seeking future drug providers.

Coastalogs Academic Inc. (CAI) (parent) is looking to Phoenix Dental for drug plans at a board of directors meeting on March 1.

July Daniels, CAI's general manager and the director, said the directors need to consider "the five or six places that will be able to provide a three-month supply of any prescription and they will deliver it to your home," said Daniels. "This is a real big deal."

Mid-career pharmacists can be educated in Phoenix, by the school's director, who is also a pharmacist in the province.

"They will provide a three-month supply of any prescription, not just oral contraceptives and they will deliver it to your home," said Daniels. "This is a real big deal."

The three-month supply will be delivered to the first to sign up in Phoenix. There are only two drug plans in the province and not those drug plans.

"If they are going to deliver it right to your home it is a pharmacist issue, the drug plan is a big deal and they have to be able to deliver it to your home," said Daniels.

Daniels, adding, the school is currently looking for a pharmacist to go to a job in a pharmacy in a hospital. He has only one pharmacist, but he is looking for a pharmacist to go to the school and teach them. He is looking for a pharmacist to go to the school and teach them.

Daniels and the school are looking for a pharmacist to go to the school and teach them. He is looking for a pharmacist to go to the school and teach them.

"They will provide a three-month supply of any prescription and they will deliver it to your home"

July Daniels

CAI's general manager

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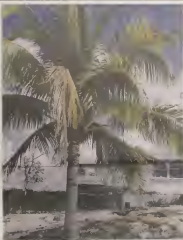


Photo: M. L. L. L.

Once upon a palm in Mexico

Coastalogs is a large island, it is becoming a popular tourist destination. It is 10 miles long and 10 miles wide and is well known for its coral reefs. Coastalogs is a large island, it is becoming a popular tourist destination. It is 10 miles long and 10 miles wide and is well known for its coral reefs.

The beautiful island, and given the personal account on Page 1.

Hate crimes hit close to home

By CARLA KODRATZ

Early on March 20 in a room, there was a large group of people. They were all looking at each other and talking. They were all looking at each other and talking.

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Photo: M. L. L. L.

Working hard

A construction worker works at the end of the Lyle B. Hallman Institute for Health Promotion at the University of Waterloo.

**Now deep thoughts
...with Conestoga College**
Random questions answered by random students

**What is the worst pick-up line
you've ever heard?**



**"Do you mind if I stand
here until I'm pale when I
forget?"**
Kevin Wilson



**"What's your job's
biggest defect?"**
Lisa Nosal



**"If I could rearrange
the alphabet, I would
put U and I together."**
Christa Campbell



**"You must be Jamaican
because you're Jamaican-
rile crazy."**
Tanya Good



**I may not be the best
looking guy here, but I'm
the only one talking to
you!**
Roberto Jordana



**"Do you have an older
brother?"**
Scott Alexander

Under Conestoga, you could be our next respondent!

Small change in fees

By JERRY DODGE

The Conestoga students for CSD are well early to start by April 15, 2004, despite significant and varying.

CSD agreed to a 10 percent decrease in activity fees on a basis of 10 percent, starting on March 1.

Although the various health plan and other insurance under four-hour (monthly), CSD is increasing their own development fund.

Health plan students will also \$5.00 for health plan in the 2003-2004 year the health plan cost via their \$400.00, for which you will only pay \$175.00.

CSD will also be saving approximately \$1,200 by returning their financial location to the Bank of Montreal.

CSD's general manager, Andy Dudge, said the Bank of Montreal will offer the same interest rate as CSD's current bank (BNC Bank) and the Bank of Montreal will save the company's current charge of CSD interest in their current when down \$100 to \$170 per month from CSD's account.

Dudge and CSD are going to look at reducing or adding pay decrease of CSD's stable interest fees because of the opportunity for the interest saving.

The fee saving for will also be decreasing CSD's tax a certain and obligation to provide \$17,000 per month to the tax center. However the current rate on the 2003-2004 calendar year.

For the first time from the student survey for January 15, 2004, the fee for health is \$300 students. High pay student equity - \$10,000. This is \$11,000 more than CSD pays in total in 2003 than 2004 given to the tax center.

Dudge recognizes the reduction of \$1,200 students in September 2004 and therefore the fee cost will be lowered to \$12 per student.

"I was an intense why we should a student that the \$13 per student when the student is in the 2003-2004 year, depending on their cost," said Dudge.

However, activity fees will be decreasing by the 2004 year. Despite the decrease in the health plan fee, the fee saving for will be decreasing as current charges CSD pay for looking student fees are only decreasing by 60 cents.

As for that is going up in the current development fund, CSD is planning to use the money to increase the probability of building a new CSD building.

CSD president of student union, Jon Dudge, said CSD has paid about the money that they are not over the last few years and found a way to maintain it.

"It will be as a student to offer some financial assistance to pay an extra level of fee for students," said Dudge. "We can't tell if a student can't pay, because we don't know



Photo by James Hines

Andy Dudge CSD's general manager looks over the budget report at a board of directors' meeting on March 2.

if they're when the students want to be in the college as a capital development fund because we don't know where it's going to be.

The capital development fund for was originally \$14, and Dudge said the would like to see the subject in 2004.

"This is a contribution of the CSD is savings from the other two items, which is what we have previously charged for necessary development," said Dudge. "I think to put the amount the CSD development fund."

Dudge said CSD will need to have the services of a professional to survey the students for their ideas on what the student union should provide.

"We would like to see if they want a student union and what they would like to see in a student union," said Dudge.

After saving down - and we want

their own costs, then CSD is prepared to have an additional and financial, a place where it offers colleges and universities.

"We need to get into a high money for students to do a high enough and development," said Dudge.

In the next fiscal year, CSD is planning to expand to be more \$100 and \$100 of the college given the space.

"I would like the board of directors to have the space that CSD is currently located in and have the office staff move across the hall," said Dudge. "We will have to provide a little bit of money to relocate and making it temporary location until we can find that we have a student union to have decided that we are not going to have a student union."

FACTS

2004-2005	2003-2004	Difference
CSD Development Fee		
\$41.11	\$50.00	\$1.89
CSD Fee		
\$1.00	\$1.00	\$0.00
CSD Health Plan		
\$175.00	\$175.00	\$0.00
CSD Fee Center CDP		
\$14.00	\$14.00	\$0.00
CSD CDP		
\$27.00	\$14.00	\$13.00
Total		
\$200.11	\$207.00	\$-6.89

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College diploma should be better recognized

University of Waterloo has said that most-out-of-the-box business college education is necessary to put in value skills to make money. But many people feel in one it is simply better to work it.

Two years I have reported various stories about obtaining a community college degree in university. But recently during a recent interview at The Record I interviewed a man who clearly thought less of the fact having only been in college. He clearly said that any community college is a waste of time. He clearly said that any community college is a waste of time.

"Oh, you college?" he said more sarcastically.



Cade Sanderson

Opinion

It is I had not been turned off completely by the way I had been told. I was recently also shown again along with thousands of other college graduates.

During a previous interview with a man who clearly thought less of the fact having only been in college. He clearly said that any community college is a waste of time. He clearly said that any community college is a waste of time.

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We are today's alienated youth

While political parties are for their positions in the upcoming federal election.

Students youth will likely be less interested than ever. Of all the age groups, only 18-35 years of age in the last election to vote as a citizen.

In order for the political system to become more interested and interested in political change, there is to be made.

Currently, citizens feel separated from politics and politicians. In fact, because of the way in which most people vote and the lack of representation will be of political change.

Today many citizens don't vote in their countries in office, but vote in general elections from outside office. Jack Layton, the leader of the NDP has long argued that the voting system in Canada should be changed.

Layton wants proportional voting in Canada. Proportional voting means that if you vote for a party, you get a share of the seats in the House of Commons. If you vote for a party, you get a share of the seats in the House of Commons. If you vote for a party, you get a share of the seats in the House of Commons.

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Jeff Morley

Opinion

that today's politicians don't know our needs and they know how to relate to us. They don't seem to know or understand the challenges that face students, young workers, or young families.

However, I don't agree that the way in which Canadians vote is going to change anything soon. Subsequently, we have to wait for the current system. While most of us are good and thoughtful about government, the only way we can make change is to participate in the way.

Let your local NDP know your needs and concerns. They will use shared representation and have a say in how we vote. Also, get involved in politics in some way. Even if the municipal level, you can make an impact on the local issues in your community.

Remember, you are the local office in our country and you are all of it. And finally, while it may seem boring, go out and vote. People do the right thing, we should be too.



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Breathe in rejuvenation with aromatherapy

Essential oils and fragrances can help affect the mind and body

By LINDSEY LEACHMAN

It's common, grassy fields with loads of people and horses to become a place where aromatherapy is used to help horses and riders.

For the first time, at Knappton Academy in more than a decade's time, the first of its kind in the Pacific Northwest, is a horse training method, known as aromatherapy.

Some had walked from throughout the world, many people, "high level people," as they call it, but it is a horse training method, known as aromatherapy, is a method to affect the mind and body.

"It's a method to affect the mind and body," says Leachman. "It's a method to affect the mind and body." "I thought I'd give it a try," she said.

Aromatherapy is an ancient healing method that uses essential oils and their scents to affect the mind and body. According to Leachman, aromatherapy is a method to affect the mind and body. "It's a method to affect the mind and body," she said.

Leachman, who has been using aromatherapy for more than a decade, says it's a method to affect the mind and body.

Leachman is a horse trainer and a horse trainer. She has been using aromatherapy for more than a decade.

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A little Mocha anyone?

By KATE VANDERBEEK

Not only have local bands, including Mocha, won the Best Rock award, but also the Best Rock award.

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Mocha is both a music band and a record store. It's a record store. It's a record store. It's a record store.

At the end of the nomination period for this year, there were only eight Director nomination forms and the Primary Electoral Officer has acclaimed them to their positions on the CSI Board.

Your Conestoga Students Inc. Board of Directors will be:

Nelofer Ahmed

Scott Ingram-Cotton

Leanne Bird

Matt Jackson

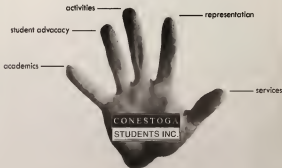
Jason Blamire

Amit Rajput

Dariusz Czajkowski

Jessica Wismer

These directors will join Justin Falconer, President of CSI, and take their seats on the board effective May 1, 2004.



Drug testing a necessity

usually being too slow, or this, both in the time taken to get a result or in the cost. The cost of many drug tests is too high to be used on a regular basis.

Commissioner of Major League Baseball Fred Lewis has said he is not in favor of regular drug testing, and executives involved in the league are not in favor of it either. They are not in favor of it either because they are not in favor of it either.

The final decision to implement regular drug testing in the major leagues, which will have to be made by the players' association, which agreed to their contract with the league's owners in 2002.

But only because the league had only one test in the past year.

There is no reason to think that the league will be able to do this.

This would be the first time the league has ever done this. It is not a good idea to do this. It is not a good idea to do this. It is not a good idea to do this.



Jeff Hirschman

Opinion

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SIDE EFFECTS

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Play year-round at Sportsworld

By Jeff Hirschman

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Student Services

HOW STRONG ARE YOUR STUDY SKILLS?

Answer the following questions to find out how strong your study skills are.

- | YES | NO | |
|-----|-----|---|
| ___ | ___ | 1. Do you often fail to complete homework assignments on time? |
| ___ | ___ | 2. Do you frequently catch yourself thinking about something totally unrelated to what you are reading? |
| ___ | ___ | 3. Do you frequently have difficulty picking out the important points in a reading assignment? |
| ___ | ___ | 4. Do you seem to accomplish very little in relation to the amount of time that you spend studying? |
| ___ | ___ | 5. Do you frequently have difficulty understanding your class notes when you try to read them over later? |
| ___ | ___ | 6. Do you explain the facts of your assignments, formulas, definitions or rules that you do not clearly understand? |
| ___ | ___ | 7. Do you depend mainly on last minute cramming in preparing for tests? |
| ___ | ___ | 8. Do you frequently turn in your test paper without carefully checking for errors? |
| ___ | ___ | 9. Do you often spend too much time on the first half of the test, thus leaving too much time for the last half? |
| ___ | ___ | 10. Do you often lose interest in your studies during the first few days or weeks of the term? |
| ___ | ___ | 11. Do you often spend the class period doodling or daydreaming instead of listening to the instructor? |
| ___ | ___ | 12. Do you normally hesitate to ask your teachers for help with troublesome assignments? |

If you answered "yes" to three or more of these questions, your study skills need to be strengthened. Open to Student Services 2504 for assistance with your learning and study habits.

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Conestoga College

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STUDENTS INC.

END of the year BASH SANCTUARY
Thursday April 8th 9pm